



Hollywood Self-Awareness Activity

Hollywood is calling!!! They have decided to make a movie all about you. The director needs some further information from you so that they can make some decision as to who they should cast to play you in the film. Answer the questions below:

What makes you happy/sad/angry/frustrated/feel love?

What do you remember about yourself as a younger child?

Who and what are the people, places and objects that mean the most to you and why?

What sort of person would you describe yourself as?

Explain to the director who you think should play you in a movie about you, why would this person be great for the role? How are they like you?

