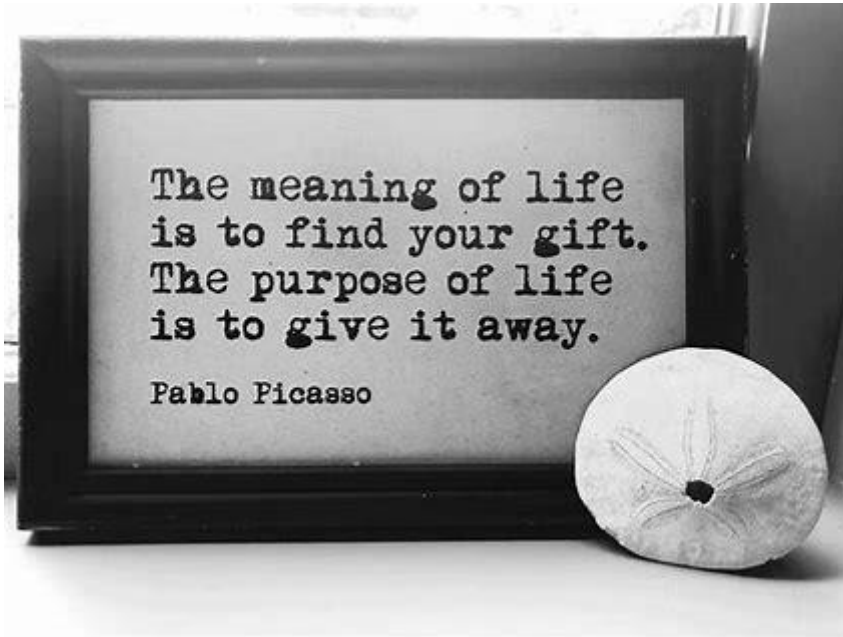


Finding Meaning and Purpose



Complete the following questions to find out more about what gives you meaning in your life

1. What gets you up in the morning?
2. What keeps you awake at night?
3. What am I most proud of?
4. Why do I do what I do?
5. Who do I admire and why?
6. When am I happiest
7. What dreams do I have?