

Principles of attuned interactions and guidance

Being Attentive	<ul style="list-style-type: none"> • Looking interested with friendly posture • Giving time and space for each other • Turning towards • Wondering about what they are doing, thinking or feeling • Enjoying watching the other
Encouraging initiatives	<ul style="list-style-type: none"> • Waiting • Listening actively • Showing emotional warmth through intonation • Naming positively what you see, think or feel • Using friendly and/or playful intonation as appropriate • Saying what you are doing • Looking for initiatives
Receiving initiatives	<ul style="list-style-type: none"> • Showing you have heard, noticed the other's initiative • Receiving with body language • Being friendly and/or playful as appropriate • Returning eye-contact, smiling, nodding in response • Receiving what the other person is saying or doing with words • Repeating/ using the other persons words or phrases
Developing attuned interactions	<ul style="list-style-type: none"> • Receiving and then responding • Checking the other is understanding you • • Waiting attentively for your turn • Having fun • Giving a second (and further) turn on same topic • Giving and taking short turns • Contributing to interaction/activity equally
Guiding	<ul style="list-style-type: none"> • Scaffolding • Extending, building on other's response • Judging the amount of support required and adjusting • Giving information when needed • Providing help when needed • Offering choices that the other can understand • Making suggestions that the other can follow
Developing discussion	<ul style="list-style-type: none"> • Supporting goal setting • Sharing viewpoints • Collaborative discussion and problem solving • Naming difference of opinion • Investigating the intentions behind words • Naming contradictions/ conflictions (real or potential) • Reaching new shared understandings • Managing conflict (back to being attentive and receiving initiatives with the aim of restoring attuned interactions)